

DOJO CLASS SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	MAJOR DOJO	MINOR DOJO	MAJOR DOJO	MINOR DOJO	MAJOR DOJO	MINOR DOJO	MAJOR DOJO	MINOR DOJO	MAJOR DOJO	MINOR DOJO	MAJOR DOJO	MINOR DOJO
7.15am											CARDIOFIT Boxkick (7.15am-8.00am) Adam	
8.00am												
8.15am											Tiny Tots FUN KARATE 8.15am-9.00am 2-5yrs Adam	
9.00am												
9.00am											JU JITSU Falling Self Defense (9.00am-10.30am) All Grades Ben	
10.30am												
10.30am											KATA TRAINING (10.30am-11.15am) Branco Selected students	
11.15am												
11.15am											BLACK BROWN/WHITE BROWN BELTS (11.15am-12.15pm) Adrian	BUNKAI Senior BLACK BELTS (11.15am-12.15pm) Owen
12.15pm												
12.45pm											DEVELOPMENT KATA SATURDAY (12.30pm-1.45pm) purple green belts and above	DEVELOPMENT TOURNAMENT SESSIONS Commence Sat 23rd June
1.45pm												
1.45pm											DEVELOPMENT KUMITE SATURDAY (1.45pm-2.45pm) purple green belts and above	
2.45pm												
3.30pm											DEVELOPMENT KATA SATURDAY (2:45-3:30pm) orange/green to blues	
4.00pm											DEVELOPMENT KUMITE SATURDAY (3:30-4:15pm) orange/green to blues	

DOJO CLASS SCHEDULE

DOJO CLASS SCHEDULE